



# CORK CITY MARATHON 2020



**Sunday 31st May**

**Marathon, Half Marathon, Team Relay & Youth Challenge**

[www.corkcitymarathon.ie](http://www.corkcitymarathon.ie)



Comhaille Cathrach Chorcaí  
Cork City Council





## THE MARATHON FOR EVERYONE!

This annual event is organised through a partnership of Cork City Council, the Cork branches of Athletics Ireland (AI) and the Business Houses Athletics Association (BHAA), an Garda Síochána, the Defences Forces, the Health Service Executive (HSE), LeisureWorld Cork, the Cork Educational Training Board (ETB), Cork Sports Partnership and Bus Éireann.

### BEFORE COMPLETING THE FORM, PLEASE NOTE:

Participants must be 18 years old or over on **31st May 2020**.

You must read the disclaimer and sign the entry form.

The closing date for entries is Friday **15th May 2020**.

Entries will not be accepted by email or by fax.

Each entry must be accompanied by the appropriate fee.

Once an entry has been confirmed, no refund will be made.

**Entry can only be deferred by agreement with the marathon office and on submission of a medical cert. in advance of close of entries.**

For the Team Relay, the entry form should be completed by the Team Captain. The Captain must also complete the team members' details and sign the form on their behalf.

This form does not need to be printed in colour. Also, you don't need to print the cover or this page.

When we process your entry, you'll receive emailed confirmation from Event Master. If you haven't given us an email address, we'll post the confirmation to you. **Please keep that safe and bring it with you to registration.**

All Marathon and Half Marathon participants and at least one member of each relay team must register at Cork City Hall on **Sat 30th May (10am - 7pm)** to collect your timing chip and race pack. These cannot be posted out to you. For Relay Teams *only*, there's an option to register on Thursday evening (**28th May**), **4.30-7pm**. That's to allow work colleagues to distribute their race packs on Friday!

Whether you are entering the Marathon, the Half Marathon or the Team Relay, it is strongly recommended that you consult your doctor if you have any doubt about your health or fitness level. If you are not currently involved in a physical sporting activity, you should seek medical advice before entering the Cork City Marathon.

### Before submitting, please check that:

- All relevant information is completed.
- The appropriate fee is attached (no cash, please).
- The form is signed and dated.

**CLOSING DATE FOR ENTRIES IS FRIDAY 15th May 2020**

## A FEW IMPORTANT FACTS

The Marathon and Relay start on St Patrick's Street. The Half Marathon starts in the Albert Road area (exact location to be confirmed). All events finish on St Patrick's Street.

## COURSE ACCREDITATION

The 2020 Cork City Marathon course of 26.2 miles (42.195km) and the Half Marathon of 13.1 miles (21.1km) will be accredited by the International Association of Athletics Federations (IAAF). Officials from Athletics Ireland will oversee compliance with the race regulations.

The Marathon, Half Marathon and Team Relay are open to anyone 18 years of age or over on 31st May 2020.

## HALF MARATHON

The start line will be in the Albert Road area, a few minutes walk from the City Hall. Please see the website for further details.

## TEAM RELAY EVENT

The Team Relay Event is for teams of between 2 and 5 members, who share the marathon course over 5 stages. The team must appoint a Captain, who will complete this form and who will be the point of contact for the organisers. The cost of entry is per team.

## CORK YOUTH CHALLENGE

Organised in conjunction with Cork ETB and the Sports Partnership, the Youth Challenge is for schools and youth centres. Participants must be 16 years of age or older on race day and it's for teams of 5 members only. There's a different entry form for this event so please see the website or contact the marathon office for further information.

## ONLINE ENTRY

You can enter online at [www.corkcitymarathon.ie](http://www.corkcitymarathon.ie)

## CONCESSION FEES

Concession fees are offered for those who are unwaged and in receipt of benefit. You must use a hard copy of the entry form to avail of these.

## RULES & REGULATIONS

Please read our rules and regulations at [www.corkcitymarathon.ie](http://www.corkcitymarathon.ie)

## RACE TIMING

Timing chips will be used for all individual Marathon and Half Marathon participants and for the finishing member of each Relay Team.

## PRIZES

Cork City Marathon operates a 'one person, one prize' policy. Equal prizes will be offered for male and female races. There must be at least 3 entries in a category to qualify as a prize-winning category.

## CHARITIES

You do not have to fundraise for a charity but you are free to participate for any charity of your choice.

Please contact your charity directly.

## OFFICIAL ENTRY FORM

Please complete in **BLOCK** Capitals

**TEAM CAPTAINS:** Complete your full personal and contact details and your team members details below

Please circle the cost of your event:

Event	Before 31st March		Between 1st - 30th April		Between 1st - 15th May		Wheelchair?
	Full Fee	Concession*	Full Fee	Concession*	Full Fee	Concession*	Please Tick
<b>Full Marathon</b>	€70	€35	€80	€40	€90	€45	
<b>Half Marathon</b>	€45	€22.50	€55	€27.50	€65	€32.50	
<b>Team Relay</b>	€100	€50	€110	€55	€120	€60	

\*To qualify for concession fees, you must be unwaged and in receipt of benefit. A valid proof of your status must be included with this form. For teams, all members of the team must qualify and proof of each member's status must be included with this form. A photocopy of your benefit slip will suffice.

First Name  Surname

Address

Town/City (or Townland)

County  Country

Postcode  (if applicable) Phone

Email

Date of Birth  Age  (on 31st May 2020) Nationality

Gender: Male  Female  T-Shirt (see website for size guide, XX-L NOT available for RELAY): S  M  L  X-L  XX-L

Best time for **Marathon/Half Marathon:** Hours  Minutes  Predicted Time: Hours  Minutes

Emergency Contact Name  Phone

## MARATHON TEAM RELAY DETAILS

Team Name (max 24 characters)  Number in Team (2 - 5)

Names of other Team Members:

First Name	Surname	Age (on 31st May 2020)	Gender (M/F)	T-Shirt Size (S, M, L, XL)
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

**TEAM CATEGORIES** (please tick the appropriate category):

1. All Female  2. All Male  3. Mixed Team

Please ensure that both sides of this entry form are completed and signed by the Team Captain.

Any change in team details must be notified in writing or by email [info@corkcitymarathon.ie](mailto:info@corkcitymarathon.ie) to the Marathon office well in advance of race day.

## ALL PARTICIPANTS

Please specify any medical conditions you or your team member(s) may have:

If you are a member of a running club, please name:

If you are participating for a special reason and would be willing to speak with us about it, please give brief details.

What experience do you have of similar events?

How did you hear about the marathon?

Will you be participating in the 2020 Ocean to City race? (details at [www.oceantocity.com](http://www.oceantocity.com)): Yes / No

## IMPORTANT NOTICE FOR ALL PARTICIPANTS

Entries will not be processed unless the following disclaimer is signed. (For the Team Event, the Captain must sign on behalf of their team.)

I declare that I will be 18 years of age or over on 31st May 2020 and that I will abide by the laws and rules of the Athletics Association of Ireland (AAI) I will not compete in the race unless I am medically fit to do so on the day of the race. I understand the demanding physical nature of the event and accept that I will be participating entirely at my own risk. I accept that Cork City Council, its Servants or Agents, the Cork City Marathon Committee, its Members, Associates, Partners and Sponsors will not be liable for any loss, damage, illness or injury whatsoever directly or indirectly occasioned by or resulting from my participation in the marathon. I accept that the Organisers, their Sponsors and Partners will not be liable for any action, claim, costs or expenses that may arise in consequence of my participation in the event.

I also give my permission to Cork City Marathon to use my name, quotes and photographic or film image for promotional and marketing purposes for the marathon.

I have read and accept the rules and regulations of the event (available at [www.corkcitymarathon.ie](http://www.corkcitymarathon.ie) or as hard copy by request from the marathon office).

I accept that my entry fee is non-refundable and my entry is not transferrable.

**For TEAM RELAY:** As Team Captain, I accept the above statement on my own and on behalf of my team members. I will make my team members aware of the conditions of participation in the event.

Signature

Date:

If you want to be notified by our finish-line photographers, tick here. (Your name and email will be passed onto the photographic company for use only with respect to the Cork City Marathon.)

## PAYMENT

Please make cheques, bank drafts & postal orders payable to CORK CITY COUNCIL

Method of payment:

Cheque

Postal Order

Bank Draft

Credit Card

Debit Card

Credit Card no.

Expiry date (MM/YY):

CVC:

Name of cardholder (please print):

Signature of cardholder:

Date:

Total amount enclosed: €

**SEND COMPLETED FORMS TO:**

Gina Johnson, Event Manager,  
Cork City Marathon, City Hall, Cork,  
T12 T997

For further information:

Email: [info@corkcitymarathon.ie](mailto:info@corkcitymarathon.ie)

Web: [www.corkcitymarathon.ie](http://www.corkcitymarathon.ie)